



SWIM NEWS

The latest news from the Cityfit Swim School



Jackrabbit and the Parent Portal

Our new Swim School software, “Jackrabbit”, is now up and running. In addition to many administrative benefits, this system provides much greater functionality through the Parent Portal. Currently you can pay for lessons online and lookup details of your student’s enrolments, including a record of skills achieved to date. More functionality will be progressively added to the Parent Portal throughout the year. We will keep you updated.

From the beginning of Term 1 we will be emailing you brief updates of skills achieved as they occur so that you’re kept abreast of your student’s progress throughout the term. New families wishing to join Cityfit’s Swim School can now register online at www.cityfitswimschool.com.au by scrolling down to the ‘[online Registration Form](#)’. This significantly streamlines the enrolment process. If you have not yet made use of these online facilities, we encourage you to visit your [parent portal](#) and familiarise yourself with the options available to you.

Shark Week

Sharks were in the pool for theme week in Term 4. While some children were a little hesitant to get in the water with our resident shark, others thought it was an exciting experience! Theme Week is a unique part of our swim school term, providing students with another reason to enjoy being in the water, all as they learn the invaluable skill of swimming. The theme for Term 1 is turtles, so come along in your best turtle and learn something you didn’t know about them from our display on the back wall.



SWIMMER OF THE TERM

CONGRATULATIONS: SHYLAH BRACKEN



Working with reluctant swimmers can be a testing time for parents and instructors, but with persistence and encouragement, it is possible to see a child transform into a happy and confident swimmer. Shylah Bracken is living proof of this! Over the last few terms, Jess has been working with Shylah and has seen tremendous improvement, with Shylah now paddling 15 meters by herself and confidently jumping into the pool. Success stories like this make us very proud, not only of our students, but of our professional and experienced staff and their supportive parents. We look forward to seeing Shylah rocket ahead with her swimming now!

We now offer 15 minute private lessons

Did you know we now offer 15 minute private lessons? These lessons are primarily aimed at young children to keep them on task and to reduce distractions so they get the maximum benefit from their time in the water. These lessons one on one, affording your child the greatest opportunity to gain confidence in a personalised environment. If this is something that you think might benefit your child, please see/call reception for more details.

Active Kids Program

From January 2018, the NSW Government will be implementing a scheme to contribute to the cost of children's participation in sport and active recreation. All children aged 4½ - 18, who are enrolled in school and residing in NSW will be eligible for inclusion in the scheme, where a \$100 voucher is issued per child, per calendar year, to be used for sporting and recreational activities (such as swimming lessons). The objective of this program is to increase participation in sports and active recreation and change the physical activity behaviours of children, which both have the overall aim to reduce childhood overweight and obesity.



We welcome this initiative, and are currently in the process of registering our facility as a registered provider. We will keep you updated as things happen. It is our hope that you will be able to redeem your vouchers for Term 2, but for now you can find out more by having a look at [this easy to read guide](#).

IMPORTANT INFORMATION FOR POOL USERS:

Please be aware that our pool is open for our members and guests during swim school hours. You will notice signage on lanes that are marked for lap swimming only. We ask for your help to ensure these lanes are left completely free, *at all times*, to provide space for our members and guests to swim.

We also note that we do not provide supervision for students outside their set lesson times. If you allow your children to swim outside their lesson time, please ensure they are **actively supervised**, and are considerate of other lessons in progress, as excessive water disturbance and noise can be distracting and unsettling for students under instruction. You might have noticed our Pool Deck Assistants on the pool deck at peak times; however, these staff members are present to assist parents with enquiries, not to supervise activity in the pool.

We thank you for your cooperation in these matters.

To keep updated on what's happening at Cityfit:



Like us on
facebook

**CITYFIT
SWIM
SCHOOL**

I SWAM my 1st 25M Awards Night

Once again we held our awards night, a **big** congratulations to all of the students who were very eager to show off their skills and complete the tasks on the night. We are very proud of the achievements of our students in our Swim School, and we like to encourage and reward students when they reach important milestones. Without the support of the parents, nights like this wouldn't run, so thank you for your support. We keenly look forward to assisting these new swimmers in the further development of their skills during 2018.

SUCCESSFUL STUDENTS TERM 4 2017

- Harry Dubojski
- Nicholas Faulds
- Liam Ford
- Beau Gibson
- Charley Gibson
- Emma Parkinson
- Rose Sams
- Tyler Schofield
- Jayda Stait
- Riley Mitchell
- Isabella Bostelaar
- Amelia Higgins-Daley
- Millie Humphreys
- Alexis Jarvis
- Ryan Kell
- William Kell

